

## Oak Bay High School - Physical Education Department

### Change Room Information

1. The change room doors will be locked on most occasions but we cannot guarantee that they will always be locked. An individual lock is recommended. Students may also bring their bag to the site of each class.
2. If any item is stolen, this must be reported to the PE teacher or the main office immediately. We will not be responsible for stolen items.

### Each student's participation mark is based on the following rubric:

Mark	Description
5	<ul style="list-style-type: none"><li>• Puts forth <b>exceptional</b> effort and enthusiasm at all times and in all activities</li><li>• Demonstrates strong leadership skills</li><li>• Works collaboratively and cooperatively with all classmates and teachers</li><li>• Acts in a respectful way towards all classmates and teachers</li><li>• Is aware of personal safety and is courteous of the safety of others</li></ul>
4	<ul style="list-style-type: none"><li>• Puts forth a <b>good</b> effort when participating in any activity</li><li>• Willingly tries new tasks and activities with a positive attitude</li><li>• Often provides encouragement and support for classmates</li><li>• Acts in a respectful way towards all classmates and teachers</li><li>• Considers safety of self and others and usually acts in a safe manner</li></ul>
3	<ul style="list-style-type: none"><li>• Participates in physical activities with a <b>satisfactory</b> attitude</li><li>• Tries new tasks and activities when given peer or teacher support</li><li>• Generally works cooperatively with classmates and teachers in a respectable manner</li><li>• Usually considers personal safety and that of others</li></ul>
2	<ul style="list-style-type: none"><li>• Participates in activities <b>only when encouraged</b></li><li>• Only displays significant effort in activities of personal interest</li><li>• Is very reluctant to try new tasks and activities</li><li>• Is in constant need of reminders to work cooperatively and consider safety</li></ul>
1/0	<ul style="list-style-type: none"><li>• <b>Participates infrequently</b> in all activities</li><li>• Generally has an <b>unsatisfactory</b> attitude</li><li>• Has created a situation where it is difficult to evaluate his or her progress</li><li>• Has a number of unexcused absences</li><li>• Does not show up to class in suitable PE strip</li><li>• Frequently exhibits behavior that leads to his or her removal from class</li></ul>

Please sign and return to your PE teacher during your next scheduled class

Name: \_\_\_\_\_ Block: \_\_\_\_\_ Tag: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student Signature